

FACTS ABOUT COVID-19/CORONAVIRUS

For people living outside or in shelter in Clark County, WA

If you are seeking shelter, call the
Housing Hotline: 360-695-9677.



If you need medical advice, call the
State Call Center 6am-10pm daily:
1-800-525-0127



SYMPTOMS:



COUGH, FEVER, ACHES,
SORE THROAT, SHORTNESS OF BREATH.

HOW TO PREVENT SPREADING IT IN A CAMP OR SHELTER:

DON'T SHARE A TENT WITH SOMEONE WHO IS SICK.

IF YOU HAVE A NEW COUGH OR MIGHT BE SICK, COVER
YOUR NOSE AND MOUTH WITH A BANDANA.

SLEEP 6 FEET APART, OR HEAD TO FOOT FROM SOMEONE
ELSE WHEN YOU CAN.

WASH OR SANITIZE YOUR HANDS WHEN POSSIBLE,
ESPECIALLY BEFORE EATING OR SMOKING.

AVOID TOUCHING YOUR EYES, NOSE OR MOUTH.

AVOID SHARING CIGARETTES, FOOD, CLOTHES, ETC.



WHEN TO SEEK HELP:

IF SYMPTOMS ARE SEVERE: DIFFICULTY BREATHING,
PAIN OR PRESSURE IN CHEST OR ABDOMEN, OR
UNABLE TO DRINK OR KEEP LIQUIDS DOWN, CALL 911.

AN AMBULANCE WILL COME LIKE USUAL IF YOU CALL 911. THE
PAREMEDICS WILL BE WEARING EXTRA PROTECTIVE GEAR.



HOW TO CARE FOR SOMEONE WHO IS SICK:

REST, DRINK PLENTY OF FLUIDS,

COMMON SYMPTOMS CAN BE TREATED WITH MEDICINES
LIKE TYLENOL OR ADVIL (ACETAMINOPHEN OR
IBUPROFEN).

